

SEPAC Meeting Notes
11-9-13

9:35 Nicole Miller started meeting with introductions

Topic – Autism Life Skills/Consulting – Karen Chandler over 20 years' experience...started consulting firm. Has son diagnosed 20 years ago with Asperger. TA in Walled Lake, business background, Oakland Univ.

Life Solutions for Autism, LLC. Steps:

- 1) Family Assessment – 2hours of goal setting, identifying circle of support, etc.
- 2) Plan for S.E.L.F. – Self empowering lifelong fulfillment.
- 3) Offer plan to parents to empower them to pass on strategies to pass on to children.
 - A) Self determination
 - B) Problem Solving
 - C) Setting Goals
 - D) Celebrate
- 4) Find Resources and programs to suit each family's situation.

Works with all ages, in Oakland, Wayne counties and the Traverse City and Elk Rapids areas. Feels families need to start as early in life as possible to begin the thought process of transitioning their child to interdependent living. Is in this business to help people learn not to be reactive to proactive. Teaches soft skills to clients, coaches businesses on interviewing skills to find matches for their companies.

Karen West talked about the START program.

An attendee questioned how parents find out about resources, steps, networks to help them with the process. Suggestions given were to come to SEPAC meetings, ask teachers, supers, and the questions of how you are going to teach that to my child....ongoing process!

10:38 Karen Chandler left, on to reviewing;

TBA data portraits:

- 1) Educational Setting and Demographics Snapshot
- 2) Age Range Snapshot
- 3) Disability Snapshot

Very informative discussion was held. Portraits from other districts can be obtained. Clarifications were given regarding private schools, homeschoolers, and public schools. Registration requirements, obligations, were talked about.

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11:25 moved on to Homebound vs. Home-based

Look to Pupil accounting manual for definitions:

Homebound services - Med. Dr. says child has homebound condition.

Home based services delivered are for expelled students.

Karen West will send links to two folks to pass on manuals as printing for meeting was difficult.

For ages 21-26, schools contract with TBA.

11:45 moved on to Super Luncheon – Friday, Dec. 13, 2013 for 12:00. Need name tags, business cards,

Goal of luncheon is to open communication between all those involved in Special Education.

11:50 Website Updates - It has been updated! Check it out! More to be posted!

12:00 Surrogate Parenting-Karen provided a packet of information to study and write down ideas, suggestions to continue the process of developing Surrogate Parenting Training and execution. Included were a flowchart of steps, draft letter to parents, determination of need, etc.

Next meeting: list of current service directors, luncheon, return the packet on surrogate parent flowchart.

Meeting adjourned at 12:20.

Teresa Sleder